



Helping People Know God, Grow in God, and Show God's Love

OUR VERY PRESENT HELP

How can we continue to grow in this bag of bones, covered with weaknesses too numerous to mention? We need a big dose of Psalm 46:

"God is our refuge and strength, a very present help in trouble."

(Charles R. Swindoll)

Season of Prayer and Fasting

Sunday, March 13 – Sunday, April 24, 2011

Intercessory Prayer Ministry
Prince George's Community Church
Worship Location:
Charles Herbert Flowers High School
10001 Ardwick Ardmore Road
Springdale, MD
Rev. Dr. Edward P. Harding, Jr.
Senior Pastor

I will help thee, saith the LORD.

Isaiah 41:14

Let us hear the Lord Jesus speak these words to each one of us:

“I will help you. It is but a small thing for Me, your God, to help you. Consider what I have done already. What! Not help you? Why, I bought you with My blood. What! Not help you? I have died for you; and if I have done the greater, will I not do the lesser? Help you? It is the least thing I will ever do for you. I have done more and will do more. Before the world began, I chose you. I made covenant for you. I laid aside My glory and became a man for you.

I gave up My life for you, and if I did all of this,

I will surely help you now!

In helping you, I am giving you what I have bought for you already. If you had need of a thousand times as much help, I would give it to you. You require little compared with what I am ready to give. It is much for you to need, but it is nothing for Me to bestow.

Help you? Do not fear!

In My All-Sufficiency, I will help you.”

O my soul, is this not enough? Do you need more strength than the omnipotence of the united Trinity? Do you need more wisdom than exists in the Father; more love than displays itself in the Son, or more power than is manifest in the influences of the Spirit? Bring your empty pitcher here!

Surely this well will fill it.

Hurry, gather up your needs and bring them here—your emptiness, your sorrows, your deficiencies.

Behold, this river of God is full for your supply. What can you desire besides?

Go forth, my soul, in this your might.

The eternal God is your Helper!

(Charles Spurgeon)



I will lift up mine eyes unto the hills, from whence cometh my help.

My help cometh from the LORD, which made heaven and earth.

(Psalm 121:1-2)

**MESSAGE FROM THE PASTOR
AND
INTERCESSORY PRAYER MINISTRY**

Greetings Sisters and Brothers in Christ:

What does it mean that God is a *present* help? It means a help that is at hand—always near. It means a help that has been tried and found to be faithful. It means a help that is totally sufficient for every need—a help to do all for us that we need. We enter this Season of Prayer and Fasting truly believing that God is able, willing and desires to help us!

Take special notice of the word “our” in the title of this *Prayer Guide*. We will not only pray for ourselves but also be fervent intercessors! Theologian, Charles Spurgeon, reminds us that our pleadings for others, having in them more of the fruits of the Spirit—more love, more faith, more brotherly kindness—will be, through the precious merits of Jesus, the sweetest offering that we can present to God. He says of intercessory prayer: “Believer, you have a mighty engine in your hand; use it well, and use it constantly. Use it with faith, and you will surely be a benefactor to your brethren. When you have the King’s ear, speak to Him for the suffering members of His body....Let your petitions be not for yourself alone, but for the many who need His aid.”

This *Prayer Guide* is intended to aid us as we pray one for another as well as for ourselves. Since many things conspire against the abundant life promised by God, please offer to God prayers on the focus areas identified for each day and lift up the corporate prayers that were contributed by fellow Church members. **Most important:** offer prayers for people, circumstances, and issues that are on your heart and for which you feel the call to pray. The *Guide* provides a place for you to record these individual prayer concerns. We also encourage you to fast during this period to help turn attention away from the flesh and toward God.

We are thankful for all who faithfully commit to this corporate season of prayer knowing that prayer is not only a privilege but a responsibility of God’s people.

May the Lord’s richest blessings be upon you.

Yours in Him,
Rev. Dr. Edward P. Harding, Jr.
and
Intercessory Prayer Ministry



*Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.
(Hebrews 4:16)*

And pray in the Spirit on all occasions and with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.
(Ephesians 6:18)

OPENING PRAYER

We thank You, our Father, that You encamp round about Your children; that Your care, protection, and deliverance are ever the portion of those that fear You. You have established Yourself in the earth to dwell among us and help us. We acknowledge the blessings of Your presence. You have upheld us by Your Spirit and sustained us by Your grace. We have not cried unto You in vain.
When we have put our trust in You, we have been helped.

Bring us to know that whatever is the need, there is a present help. In defeat, in sadness, in temptation, in all of life, we may be more than conquerors through You who loves us. Help us to trust in You that we may rejoice in the deliverance of the Lord, and want no good thing.

Amen.

(Edward C. Beery)



The LORD is my strength and my shield; My heart trusted in Him, and I am helped; Therefore my heart greatly rejoices, and with my song I will praise Him.
(Psalm 28:7)



*May the LORD answer you when you are in distress;
May the name of the God of Jacob protect you.
May He send you help from the sanctuary
And grant you support from Zion.
May He remember all your sacrifices
And accept your burnt offerings.
May He give you the desire of your heart
And make all your plans succeed.
We will shout for joy when you are victorious
And will lift up our banners in the name of our God.
May the LORD grant all your requests.
Now I know that the LORD saves His anointed;
He answers him from His holy heaven
With the saving power of His right hand.
Some trust in chariots and some in horses;
but we trust in the name of the LORD our God.*
(Psalm 20: 1-7)

CORPORATE PRAYER FOCUS
Sunday, March 13 – Saturday March 19

Sunday

Pray for persons dealing with a crisis of unbelief or lack of faith

Lord, I believe; help my unbelief!

(Mark 9:24)

Monday

Pray for those who have lost jobs and are seeking work/those in difficult work situations

I will go before you, and make the crooked places straight.

(Isaiah 45:2)

Tuesday

Pray for persons who are sick--physically and spiritually

Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

(3 John 2)

Wednesday

Pray for the nurture and well-being of children

Pour out your heart like water before the face of the Lord. Lift your hands toward Him for the life of your young children.

(Lamentations 2:19)

Thursday

Pray for the homeless and hungry

Give us today our daily bread.

(Matthew 6:11)

Friday

Pray for persons who grieve that they will be strengthened and comforted

He heals the brokenhearted and binds up their wounds.

(Psalm 147:3)

Saturday

Give thanks for God's deliverance!

Call upon Me in the day of trouble: I will deliver you and you shall glorify Me.

(Psalm 50:15)



INDIVIDUAL PRAYER CONCERNS

*And it shall come to pass, that before they call, I will answer;
and while they are yet speaking, I will hear.
(Isaiah 65:24)*

Heavenly Father,

We humbly come into Your presence with praise and thanksgiving,
Acknowledging that You are Lord and our God.
There is no other like You.
Thank You for being our very Present Help in all things.
We acknowledge that we need Your guidance daily
In every decision we make both small and great.
We take pleasure in knowing that You are by our side,
Waiting for us to ask You to order our steps and light our path.
As we journey through life here on earth,
Father God, we don't take for granted all the many blessings You give us
and Your hand of protection surrounding us.
Prepare our hearts and minds to hear Your voice in the spirit.
Give us the strength, desire, and faith to follow Your guidance
O Lord, even when we don't understand the reasons.
For You are Jehovah Ezer, "The Lord Our Helper."
In Your Son's mighty name, Jesus Christ, we pray.
Amen.



Father,

Forgive us for our disbelief, for we are fragile and sometimes forget that You alone serve as the source from which all blessings flow. As we sometimes find ourselves distraught by the chaos and uncertainty of the day, may we be gently reminded that You continue to reign supreme. May our souls rest with an awareness that the world remains in Your hands, and that in our Father's house there are many mansions. May our disbelief be lifted and replaced with a spirit of praise, affirming that our strength comes from the Lord and our hopes rest firmly upon You.
Amen.

CORPORATE PRAYER FOCUS

Sunday, March 20 – Saturday, March 26

Sunday

Pray that God’s people will seek a closer relationship with the Lord

God did this so that men would seek Him and perhaps reach out for Him and find Him, though He is not far from each one of us. For in Him we live and move and have our being.

(Acts 17:27-28)

Monday

Pray that depression and emotional/mental illness will be conquered

His tender mercies are over all His works.

(Psalm 145:9)

Tuesday

Pray that His people will yield to the Potter

But now, O LORD, You are our Father, we are the clay, and You our potter; and all of us are the work of Your hand.

(Isaiah 64:8)

Wednesday

Pray that drug dependency and other addictions will be overcome

My grace is sufficient for you, for My strength is made perfect in weakness.

(2 Corinthians 12:9)

Thursday

Pray for the salvation of the unsaved

Whoever calls on the name of the Lord will be saved.

(Romans 10:13)

Friday

Pray for ability to thrive in difficult financial circumstances

The LORD is my shepherd, I shall not be in want.

(Psalm 23:1)

Saturday

Give thanks for restoration!

I will restore to you the years that the locust hath eaten.

(Joel 2:25)



INDIVIDUAL PRAYER CONCERNS

*Evening, and morning, and at noon, will I pray, and cry aloud: and He shall hear my voice.
(Psalm 55:17)*

Precious God,

How glorious to know as Your children the depth of Your love for each and every one of us. No matter where we are or in whatever chaotic circumstances we find ourselves, You are there to guide and protect us. All we have to do is to call on You, trust and wait in faith. Lord, forgive us when we worry, panic and forget that You are our “Way Maker.” Let us remember to seek You in prayer and meditation. We will be refreshed and strengthened moment by moment and breath by breath until the victory is won. Amen.



Most Gracious and Loving God,

We humbly bow our heads and settle our hearts as we reflect on Your very present help. God, we tend to think we can solve our problems and overcome our challenges all by ourselves. When we listen to the small voice in us, it is beckoning us to be mindful that it is only through our faith in You to be a very present help that we can conquer any problems or challenges. You have the keys. We must garner enough strength to hold on, to watch and wait and to walk with stout hearts, knowing that You will lead us. You will guide us toward surrendering all to You. You are indeed omnipresent and always standing by to help us on our way toward You. It is for us to look always for our help with the full knowledge, Father God, that only You can help our faith community. In the name of Jesus. Amen.

CORPORATE PRAYER FOCUS

Sunday, March 27 – Saturday, April 2

Sunday

Pray that we completely relinquish our past to the Lord

Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

(Philippians 3:13-14)

Monday

Pray for release from worry, anxiety and fear

Cast your burden upon the LORD, and He shall sustain you.

(Psalm 55:22)

Tuesday

Pray for those suffering from natural disasters

When you pass through the waters, I will be with you.

(Isaiah 43:2)

Wednesday

Pray for respect and well-being for the elderly

They shall bear fruit in old age: they shall be fresh and flourishing.

(Psalm 92:14)

Thursday

Pray for persons who give so unselfishly of themselves to benefit others

The liberal soul shall be made fat: and he that watereth shall be watered also himself.

(Proverbs 11:25)

Friday

Pray for teachers, students, school administrators

Seek His will in all you do, and He will direct your paths.

(Proverbs 3:6)

Saturday

Give thanks that God revives us!

You have turned my mourning into joyful dancing. You have taken away my clothes of mourning and clothed me with joy.

(Psalm 30:11)



INDIVIDUAL PRAYER CONCERNS

*In everything by prayer and petition, with thanksgiving present your requests to God.
(Philippians 4:6)*

Father God,

We love You and thank You for Your goodness and mercy given us each day. We thank You for forgiving us when we go astray. The beautiful world that You made for us to live in and enjoy has become wicked and dangerous. We do not love each other as You commanded us. There is hatred and greed, sickness and sorrow, homelessness and poverty, war and terrorism. Our children have lost respect for parents and teachers. Father God, we pray to You for help because You are our refuge and strength in time of trouble. In times like these we need a savior. Help us, Lord. This we pray in the name of Jesus. Amen, Amen, Amen.



O Holy Father, Creator, Redeemer, Shepherd, Saviour, Lord, Judge, Comforter, Teacher who is our Shield, our Stronghold, our Light, our Strength, our Sustainer, our Rescuer, our Fortress,

We come to You exalting You. We ask forgiveness of our sins. We know that You are the answer to the troubles in our lives because You are all-powerful, almighty, personal, righteous, unsearchable, wise, true, accessible, self-existent, glorious, and compassionate. God, You are our refuge and strength so we must trust and obey You and give You all the glory. Praise be to Your name. May we never forget all of who You are and whose we are so that we put our trust in You. Blessed be the name of God. In the name of Jesus.
Amen.

CORPORATE PRAYER FOCUS

Sunday, April 3 – Saturday, April 9

Sunday

Pray for persons who are stressed out

Trust in Him always, O people; pour your heart out before Him; God is a refuge for us.

(Psalm 62:8)

Monday

Pray for guidance and protection for young men and boys of color

For I know the plans I have for you, declares the LORD, plans to prosper you and not to harm you, plans to give you hope and a future.

(Jeremiah 29:11)

Tuesday

Pray for guidance and protection for young women and girls

Though they stumble, they will not fall, for the LORD holds them by the hand.

(Psalm 37:24)

Wednesday

Pray that government leaders will be wise and just

I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks be made for all men, for kings, and for all that are in authority.

(1 Timothy 2:12)

Thursday

Pray that domestic and other violence will end

My people will live in peaceful dwelling places, in secure houses, in undisturbed places of rest.

(Isaiah 32:18)

Friday

Pray for our Pastor and family, the Church's leadership, and congregation

Let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together.

(Hebrews 10:24-25)

Saturday

Give thanks for God's power!

He gives power to the weak, and to those who have no might He increases strength.

(Isaiah 40:29)



INDIVIDUAL PRAYER CONCERNS

*For the eyes of the Lord are on the righteous and His ears are attentive to their prayer.
(1 Peter 3:12)*

Father God,

We humbly come before You with great expectation, knowing that You are both the author and finisher of our lives. We ask for Your forgiveness and yet know we are not worthy, but Your word says, if we ask we shall be healed. Forgive us, Lord, when we have moved when we should have been still, spoken when we should have been silent, stayed when we should have moved. Order our steps now, Lord, we pray. Take us, Father, by the hand and lead us to victory. For You have stated that man ought to always pray and that You will keep in perfect peace those whose mind is stayed on You. O Father God, we know that we have fallen short of Your expectation by looking to our own ways. Expand our minds, deepen our faith, increase our knowledge of Your word. Help us to delight ourselves in You, O Lord, our Redeemer, our God. And we will bless Your name always and praise You through eternity.
Amen.



Almighty God,

Thank You for adopting us as Your children. Help us to surrender our lives to You. Thank You for the example of the prodigal son that teaches us that, even when we stray from home, You are ever watching and waiting for our return when You will restore us once more to our position as Your sons and daughters. In our trials, make known to us Your strength and grace. May You be our rock and refuge at all times. In Jesus' name we pray.
Amen.

CORPORATE PRAYER FOCUS

Sunday, April 10 – Saturday, April 16

Sunday

Pray that we surrender the impossibilities of our issues to God’s possibilities

Jesus looked at them and said, “With man this is impossible, but with God all things are possible.”

(Matthew 19:26)

Monday

Pray for victory over temptations

Because He himself suffered when He was tempted, He is able to help those who are being tempted.

(Hebrews 2:18)

Tuesday

Pray for ability to stand firm in adversity

Stand firm and you will see the deliverance the LORD will bring you today.

(Exodus 14:13)

Wednesday

Pray that wars and rumors of wars will cease

Nation will not take up sword against nation, nor will they train for war anymore.

(Isaiah 2:4)

Thursday

Pray that God will protect us from the Adversary

My prayer is not that You take them out of the world but that You protect them from the evil one.

(John 17:15)

Friday

Pray for healing for our land

If My people, who are called by My name, will humble themselves and pray and seek My face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land.

(2 Chronicles 7:14)

Saturday

Give thanks for God’s faithfulness!

Because of the LORD’s great love we are not consumed, for His compassions never fail. They are new every morning; great is Your faithfulness.

(Lamentations 3:22-23)



INDIVIDUAL PRAYER CONCERNS

*The effective, fervent prayer of a righteous man avails much.
(James 5:16)*

Father,

We stretch our hands to Thee. No other help we know. If Thou withdraw Thyself from us, whither shall we go? God, there is none like You in sovereignty, majesty and power who acts on behalf of those who wait on You--the one true God of All-Sufficiency and the Fount of All Blessings. We come to You this Lenten Season with special petitions for Your help. Please look down upon us individually and collectively and see our needs. Bless our homes, communities, families, friends, relationships, finances, and our goings and comings. Lord, speak wholeness into our lives. Where there is hurt and pain, speak healing and comfort. Where there is lack, speak sufficiency. Where there is weakness, speak power. Where there is confusion, speak guidance. Where there is disorder, speak peace. God, be the lifter of our heads, our bridge over troubled waters, our bondage breaker, our strong tower. Deliver us, revive us, and restore us. We thank You, Lord, because Your word says that after we have suffered a little while the God of all grace will perfect, establish, strengthen, and settle us. May Your favor rest upon us as we abide in You. These blessings we ask, with thanksgiving, in the incomparable name of Jesus, our Redeemer and soon coming King.

Amen.



Father,

We kneel in Your presence, recognizing the astonishing complexity of Your creation. We submit to Your moral rule of this universe. Forgive us whenever we question Your goodness and justice. Thank You for Your presence with us. Your Son and Your Holy Spirit bear constant witness to Your love for us. Thank You for the surpassing hope of the resurrection and Your amazing power. You have indeed been mighty to save even us. In Jesus' name we pray.

Amen.



Almighty God,

We recognize that You hold the future in Your hands. We do not know when You will choose to mark the end of time and send Your Son to claim His own. But we do know that You want us to be busy laboring for You when He comes. Help us not to become discouraged or distracted by our circumstances and surroundings. Give us the strength and courage to labor faithfully until we are called home or until Your Son comes for us. In Jesus' name we pray.

Amen.

CORPORATE PRAYER FOCUS

Sunday, April 17- Saturday, April 23

Sunday

Pray for successful efforts to spread the gospel

*We are therefore Christ’s ambassadors, as though God were making His appeal through us.
(2 Corinthians 5:20)*

Monday

Pray for those facing legal difficulties

*In all your ways acknowledge Him, and He shall direct your paths.
(Proverbs 3:6)*

Tuesday

Pray for strength to endure as we wait upon the LORD

*We pray...that you will be....strengthened with all power according to His glorious might so that you may
have great endurance and patience.
(Colossians 1:10-11)*

Wednesday

Pray that the wayward will turn back to God

*This brother of yours was dead and is alive again; he was lost and is found.
(Luke 15:32)*

Thursday

Pray for wisdom and openness to God’s guidance

*Good and upright is the LORD; therefore He instructs sinners in His ways. He guides the humble in what
is right and teaches them His way.
(Psalm 25:8-9)*

Friday

Pray that we surrender all our needs to the Lord

*But my God shall supply all your needs according to His riches in glory by Christ Jesus.
(Philippians 4:19)*

Saturday

Give thanks for the victory!

*In all things we are more than conquerors through Him who loved us.
(Romans 8:37)*



INDIVIDUAL PRAYER CONCERNS

*Let my prayer come before You; incline Your ear to my cry!
(Psalm 88:2)*

Lord, we look to the hills
For we know that our help comes from You
Yet sometimes we grow impatient
And we lose hope of Your promise
To never leave us or forsake us

Lord, as we journey through life
Seems like it is a saturation
Of upward struggles of pains and sorrows
Though we try our best to remain steadfast
We become so discouraged
Because we do not feel...
Your presence, Your guidance, or Your help
And as soon as we almost reach the top of one barrier
A strong force of wind seems to blow us back down to the depths of despair

Lord, we grow weak and weary
Questioning where You are and
Why You would allow us to bear so much
Do You not see how overwhelming it is?
We have seen and heard of Your greatness and Your deliverance
And have waited patiently on You
But You appear to be absent from our lives

Lord, what have we done to deserve such?
Have we not strived to do Your will?
Are we not good citizens and faithful Christians?
Why does it appear You have abandoned us?
Lord, we are at our breaking points
And we need Your immediate help
For we are not strong enough to continue this journey
When all we have done has seemed to fail us thus far

Lord, we feel ourselves growing away from You
We begin to question whether You are God
Or if in fact if there is a God
We have grown so tired of the test, trials, and tribulations
That plague our lives on a daily basis

If You are God, why do we suffer so?
If You are God, why is this world growing so deep in ruins?
If You are God, why are there massive calamities throughout the world?
If You are God, why is there so much hatred and unrest?
If You are God, why won't You help us?

Lord, we still have some faith
Even if it is down to the dwindling size of a mustard seed
And yet from a seed grows great things
That bear fruit, substance, shelter and beauty

We ask You to nurture us O Lord...

Send Your rains upon us
So that we might begin to regain our hope, faith, and trust
Send Your rains upon us Lord
So that we might stand tall during the billowing storms
Send Your rains upon us Lord
So that, although we bend, we will not break
Send Your rains upon us Lord
So that although the winds and heavy snowfalls fracture our limbs and branches, we will be restored
anew, for our foundation is still standing
Send Your rains upon us Lord
So that we will soon flourish and beam with brightness and delightfulness
Send Your rains upon us Lord
So that soon we will boast in all that You have prepared for us

Lord, help us to not lose sight of You
Despite our uphill struggles
Help us to be of good courage
And to weather the storms, no matter how damaging
Comfort us and encourage us, O Lord
Help us to wait patiently on You
For You alone are God
And Your promises are great
For those who are in You

You are Lord of Lords, and King of Kings
And You are worthy to be praised!

In Jesus' name, Amen.

GOD IS HELPING ME!

He's helping me now - this moment,
Though I may not see it or hear,
Perhaps by a friend far distant,
Perhaps by a stranger near,
Perhaps by a spoken message,
Perhaps by the printed word;
In ways that I know and know not,
I have the help of the Lord.

He's keeping me now - this moment,
However I need it most.
Perhaps by a single angel,
Perhaps by a mighty host,
Perhaps by the chain that frets me,
Or the walls that shut me in;
In ways that I know and know not,
He keeps me from harm and sin.

He's guiding me now – this moment,
In pathways easy or hard,
Perhaps by a door wide open,
Perhaps by a door fast barred,
Perhaps by a joy withholden,
Perhaps by a gladness given;
In ways that I know and know not,
He's leading me up to heaven.

He's using me now – this moment,
And whether I go or stand,
Perhaps by a plan accomplished,
Perhaps when He stays my hand,
Perhaps by a word in season,
Perhaps by a silent prayer;
In ways that I know and know not,
His labor of love I share.
(Annie Johnson Flint)



Blessed is he whose help is the God of Jacob, whose hope is in the LORD his God, the Maker of heaven and earth, the sea, and everything in them--the LORD, who remains faithful forever.
(Psalm 146:5-6)

EASTER SUNDAY

Worthy is the Lamb, who was slain, to receive power and wealth and wisdom and strength and honor and glory and praise!

(Revelation 5:12)



OUR GOD, OUR HELP IN AGES PAST

Our God, our help in ages past,
Our hope for years to come,
Our shelter from the stormy blast,
And our eternal home.

Under the shadow of Thy throne,
Thy saints have dwelt secure;
Sufficient is Thine arm alone,
And our defense is sure.

Before the hills in order stood,
Or earth received her frame,
From everlasting Thou art God,
To endless years the same.

Our God, our help in ages past,
Our hope for years to come,
Be Thou our guard while troubles last,
And our eternal home.

(Issac Watts)



CLOSING PRAYER

We wait in hope for the LORD; He is our help and our shield. In Him our hearts rejoice, for we trust in His holy name. May Your unfailing love rest upon us, O LORD, even as we put our hope in You.

AMEN!

(Psalm 33:20-22)

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For information about the Intercessory Prayer Ministry or to request intercessory prayer, contact Deacon Flora Rice, Ministry Head. Requests for prayers can also be placed in the Prayer Request box in the reception area each Sunday.

*My house will be called a house of prayer.
(Isaiah 56:7)*

LET THE
CHURCH
SAY
AMEN!

